



Coming soon:

Just take a moment to breath! With everything distracting happening in the world take a moment to focus on yourself.

Imagine experiencing the essence of your inner being through the practice of meditative yoga. If so join us at Fairview Arts and Outreach Center.

Thursdays 5:30-6:30

Cost \$10.00 per person

For reservations call.
Kathy @ 330-301-0356

Space is limited so reserve early. Oh yes, don't forget to bring your mat.